

#### Job Title- HAP Counsellor, IMPRESS, Goa

Sangath is a non-governmental, not-for-profit organisation headquartered in Goa, with hubs in New Delhi, Bhopal and Pune. Sangath is in its 25th Year of existence and has experience conducting high quality community-based research in child development, adolescent and youth health, adult mental health, ageing and chronic diseases and addictions as well as in health equality. Sangath has won the prestigious MacArthur Foundation International Prize for Creative and Effective Institutions (2008), was recognized as India's 4th leading public health research institute by Research Councils UK (2015) and won the WHO Public Health Champion Award (2016).

The **Addictions and Related Research Group** based in Sangath is focused on building evidence for affordable and effective interventions for substance-use related disorders, to ultimately inform scale up through sustainable health systems. As a result of our success in designing effective and low-cost models of care for people with alcohol use disorders, Sangath has been able to contribute to improving the quality of addiction related care, not just in Goa, but in other parts of the country, and globally.

The Additions and Related Research Group at Sangath, Goa is inviting applications for *1 HAP Counsellor* for its *IMPRESS project*.

### About the project

IMPRESS aims to reduce the depression treatment gap by improving access to evidencebased depression care. The project aims to demonstrate how community-based interventions can enhance access to, and improve the outcomes of, the Healthy Activity Program (HAP), a manualised psychological treatment of depression based on behavioural activation, in an efficient and sustainable manner. The Healthy Activity Program is being delivered in public healthcare facilities across Goa in partnership with the Directorate of Health Services, Goa.

#### **Job Profile:**

- Completing all the procedures/training to become a HAP Counsellor.
- Delivering counselling sessions and follow-up of patients at health facility or patient home.
- Completing the documentation of the counselling session and project-related activities.
- Preparing monthly reports of intervention related activities.
- Assisting in organizing orientation workshops (digital platform and peer supervision).
- Developing and maintaining rapport with facility staff members.
- Ensure regular and timely attendance of weekly/fourth nightly/monthly supervision meetings.
- Assisting the intervention team in the documentation of the project-related activities.
- Maintain close communication with the project intervention team.
- Maintain necessary case and program registers/documents and report to supervisors.
- Perform any other duties assigned by the Intervention lead/Project director.

Before applying, candidates must consider the eligibility criteria:

### **Essential Criteria**

- Bachelor's level education in psychology, psychiatric social work, social work, and any other relevant discipline.
- Good interpersonal and communication skills.
- Fluency with local languages (Marathi, Hindi and Konkani) both written and spoken.
- Able to use a laptop and digital device
- Travel independently to any health facility (PHC/CHC/SDH) in Goa.

## **Desirable Criteria**

- Experience working in the community or in a health centre
- Ability to ride/drive 2/4 wheeler.
- Fluency in English.

Salary: Fees as per Sangath structure Location: North Goa

# Applying for the post

Interested candidates must fill this link <u>https://forms.gle/ZPXtvFnNeXwfmH516</u> latest by 5.00 PM IST on 19<sup>th</sup> April 2024. For further information write to impressjobs@sangath.in

Sangath is an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, religion, colour, national origin, gender, gender identity, sexual orientation, age, status as a protected veteran, among other things, or status as a qualified individual with a disability.