

# **Terms of Recruitment**

Job Title: Consultant Psychiatrist (01 position)

Job Location: Bhopal, Madhya Pradesh, India

**Positions:** Full time.

**Project:** Improving Outcomes in Depression in Primary Care in a Low Resource Setting (the OptimizeD study)

**Duration:** The candidate will be hired for an initial 3 months period with renewal depending on satisfactory performance.

**Working Days:** Monday to Friday (9:30 am to 5:30 pm) and Saturday for teleconsultation when required. \*<u>Flexibility will be provided to private practitioners who are practicing in evening hours as per their schedule</u>.

**Reporting:** Trial Manager and Site-PI, with clinical supervision by collaborators from Department of Psychiatry, AIIMS Bhopal

**About Sangath:** Sangath (<u>www.sangath.in</u>) is a non-governmental, not-for-profit organisation committed to improving health across the life span by empowering existing community resources to provide appropriate physical, psychological and social therapies. Its primary focus areasinclude child development, adolescent and youth health, and adult health and addictions research.

Sangath seeks to appoint Consultant Psychiatrist who will be based at Bhopal hub to support the OptimizeD study.

**About the Project:** The OptimizeD study aims to improve depression outcomes in primary care settings in India. As part of the study, we will randomize 1,500 patients with depression to either a brief psychological treatment, known as the Healthy Activity Program, or a widely used generic Selective Serotonin Reuptake Inhibitor (fluoxetine). The primary objective of the OptimizeD study is to explore whether different patients respond differentially to either of the two treatments. If such differences exist, this study aims to explore whether one can develop a machine learning-generated precision treatment rule to predict the most effective treatment based on individual baseline characteristics. We hypothesize that patients allocated to their optimized treatment will be more likely to remit than those allocated randomly and that optimizing treatment will be cost-effective compared with random assignment.

If you are passionate and looking for an opportunity to work with a dynamic team on research in mental health involving health systems, working with an international set of collaborators, delving into data science as well as machine learning, and using implementation research tools, send in your application.

This project is funded by the US National Institute of Mental Health, with collaborators from leading organizations including Harvard University, Vanderbilt University, the Broad Institute, AIIMS Bhopal.

## Job profile:

- **Support Medical Officers (MO).** Take over prescribing duties in the absence of MOs, both onsite and remotely. In collaboration with the Sangath and broader AIIMS teams, the trial psychiatrist will also conduct training for the MOs every 3 months.
- **Routine PHC visits.** Regularly visit each PHC to maintain rapport, provide overall on-site support, and address study-related issues.
- **Monitoring medication adherence.** Conduct weekly reviews of medication adherence and collaborate closely with the MO and the participant to troubleshoot adherence issues.
- **High-risk participant management.** <u>Manage the OptimizeD teleconsultation service for high-risk</u> cases and coordinate referral pathways.
- Adverse events reporting. Document and report all adverse events in a timely manner, following reporting protocols.
- Managing non-remitters. Assess non-remitters and coordinate necessary referrals for further care.
- **Community Psychiatric clinics.** Conduct monthly clinics in the community to provide direct care and enhance the capabilities of local healthcare providers.

### **Essential Candidate requirements:**

• MBBS with MD/ DNB/Diploma in Psychiatry from an NMC recognized medical college/ institution.

### **Desirable Candidate requirements:**

• Experience of having worked in primary health care settings/community mental health.

### **Remuneration and contractual duration**

Salary offered will be commensurate based on the education, work experience and as per applicable Sangath policy, and in line with salary offered at medical institutions for similar experience. The initial appointment will be made for three months' probation from the date of joining, with renewal based on a performance review.

### Last Date and address for applications:

Please apply with application which must include a detailed CV and cover letter along with the details of two references to <u>anuja.lahiri@sangath.in</u> by 30<sup>th</sup> April 2024, 5:00 pm IST. (Immediate hiring)

Short-listed candidates will be invited for a telephone, virtual or in-person interview.

\*Incomplete applications will not be considered